

**Latvijas junioru un jauniešu čempionāts
Latvijas U23 čempionāts
smailošanā un kanoe airēšanā**

Limbaži, 2026. gada 29. - 31. maijs

REZULTĀTI 200 m

K-1 200 m U-23 vīrieši

| | | | | | | | |
|-----|------------|-----------|------|----------------------|---------|---------|---------|
| 1. | Danylo | Michuda | 2005 | Limbažu NSS | 0:42,29 | | 0:40,34 |
| 2. | Jānis | Kaurāts | 2004 | OC Limbaži | 0:39,72 | | 0:40,83 |
| 3. | Gustavs | Tīrmanis | 2006 | Ventspils SS "Spars" | 0:43,74 | | 0:42,61 |
| 4. | Sandis | Mamontovs | 2005 | RSS "Rīdzene" | 0:41,43 | | 0:42,80 |
| 5. | Ritvars | Gūtmanis | 2005 | Limbažu NSS | 0:42,71 | | 0:44,70 |
| 6. | Artjoms | Ivanovs | 2007 | Daugavpils SS | 0:42,80 | 0:44,48 | 0:45,37 |
| 7. | Jakovs | Mitins | 2007 | MSG TSV SASS | 0:45,70 | | 0:47,23 |
| 8. | Aleksejs | Masaitis | 2006 | Ventspils SS "Spars" | 0:46,67 | 0:45,07 | 0:47,51 |
| 9. | Rihards | Prūsis | 2005 | RSS "Rīdzene" | 0:49,29 | 0:46,27 | 0:47,69 |
| 10. | Mārtiņš | Aldiņš | 2005 | RSS "Rīdzene" | 0:46,90 | 0:46,60 | |
| 11. | Mihails | Ivanovs | 2007 | Jelgavas BJSS | 0:46,51 | 0:46,90 | |
| 12. | Dairis | Lamberts | 2006 | RSS "Rīdzene" | 0:48,90 | 0:47,05 | |
| 13. | Aleksandrs | Avdejevs | 2007 | MSG TSV SASS | 0:47,31 | 0:48,90 | |

C-1 200 m U-23 vīrieši

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|----|----------|---------------|------|----------------------|--|--|---------|
| 1. | Daniēls | Siders | 2005 | Ventspils SS "Spars" | | | 0:46,26 |
| 2. | Adrians | Podenskis | 2007 | Limbažu NSS | | | 0:48,19 |
| 3. | Ignats | Kunašs | 2005 | JAK Zemgale | | | 0:48,38 |
| 4. | Artemijs | Gerasimjonoks | 2007 | Jelgavas BJSS | | | 0:51,94 |
| 5. | Daniēls | Zamuelis | 2007 | Ventspils SS "Spars" | | | 0:53,49 |

K-1 200 m U-23 sievietes

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|----|----------------|----------|------|---------------|--|--|---------|
| 1. | Krista | Bērziņa | 2005 | Limbažu NSS | | | 0:46,87 |
| 2. | Dominika Helga | Sikorska | 2005 | RSS "Rīdzene" | | | 0:55,49 |
| 3. | Elizabete | Kļaviņa | 2006 | RSS "Rīdzene" | | | 0:56,00 |
| 4. | Alisa | Harune | 2006 | Daugavpils SS | | | 0:57,98 |
| 5. | Lauma | Močāne | 2006 | Limbažu NSS | | | 0:58,66 |

C-1 200 m OPEN sievietes

| | | | | | | | |
|----|--------|----------|------|-----------------|--|--|---------|
| 1. | Sabīne | Taube | 2005 | Limbažu NSS | | | 1:07,16 |
| 2. | Inese | Circene | 2006 | Saldušs NSS/MSG | | | 1:17,48 |
| 3. | Elīza | Baranova | 2010 | Limbažu NSS | | | 1:43,68 |
| 4. | Krista | Runce | 2008 | Limbažu NSS | | | 2:12,18 |

K-1 200 m 2008.-2009.g.dz. juniori

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|----|-------------|------------|------|---------------|---------|---------|---------|
| 1. | Eriks | Dzji | 2009 | Daugavpils SS | 0:44,45 | | 0:42,92 |
| 2. | Edgars | Lācis | 2008 | RSS "Rīdzene" | 0:45,11 | | 0:43,97 |
| 3. | Artuss | Gasners | 2008 | Jelgavas BJSS | 0:43,81 | | 0:44,20 |
| 4. | Marks Rauls | Timermanis | 2009 | Limbažu NSS | 0:45,67 | 0:45,11 | 0:44,48 |
| 5. | Oskars | Paimetovs | 2008 | Limbažu NSS | 0:46,74 | 0:45,96 | 0:45,43 |
| 6. | Magnuss | Kreišmanis | 2009 | Limbažu NSS | 0:45,09 | 0:45,81 | 0:45,81 |
| 7. | Olegs | Ivanovs | 2008 | Daugavpils SS | 0:48,38 | 0:47,30 | 0:46,47 |

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| 8. | Ričards | Legeza | 2009 | Limbažu NSS | 0:46,51 | 0:48,33 | 0:46,62 |
| 9. | Eduards | Ārgals | 2009 | Talsu NSS/MSG | 0:47,43 | 0:48,00 | 0:47,18 |
| 10. | Andrejs | Sumrovs | 2008 | MSG TSV SASS | 0:49,36 | 0:46,94 | 0:48,26 |
| 11. | Andrejs | Šorecs | 2009 | Jelgavas BJSS | 0:49,25 | 0:51,09 | 0:48,78 |
| 12. | Valters | Lavrinovičs | 2009 | Ogres NSC | 0:48,80 | 0:47,07 | 0:49,08 |
| 13. | Jānis | Bērziņš | 2009 | Limbažu NSS | 0:49,25 | 0:51,50 | 0:50,91 |
| 14. | Fjodors | Bajevs | 2009 | RSS "Rīdzene" | 0:51,98 | 0:49,37 | 0:51,10 |
| 15. | Matīss | Miķelsons | 2008 | Ventspils SS "Spars" | 0:51,33 | 0:50,80 | 0:51,64 |
| 16. | Patriks | Jaunbērziņš | 2009 | Ogres NSC | 0:52,91 | 0:53,00 | 0:52,33 |
| 17. | Roberts | Lēpmanis | 2008 | Limbažu NSS | 0:51,40 | 0:52,40 | 0:53,02 |
| 18. | Artjoms | Gereišs | 2009 | Daugavpils SS | 0:52,06 | 0:54,19 | 0:54,13 |
| 19. | Markuss Jānis | Vāvere | 2009 | Ogres NSC | 0:52,95 | 0:54,62 | |
| 20. | Kristiāns | Tazāns | 2008 | Limbažu NSS | 0:50,55 | 0:55,21 | |
| 21. | Glebs | Osipovs | 2009 | Daugavpils SS | 0:55,57 | | |

C-1 200 m 2008.-2009.g.dz. juniori

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|----|---------|-------------|------|----------------------|--|--|---------|
| 1. | Toms | Mihalovičs | 2008 | Limbažu NSS | | | 0:47,57 |
| 2. | Vadīms | Žavoronkovs | 2008 | Jelgavas BJSS | | | 0:50,01 |
| 3. | Raivo | Šmits | 2009 | Limbažu NSS | | | 0:51,55 |
| 4. | Samuēls | Siders | 2008 | Ventspils SS "Spars" | | | 0:51,84 |
| 5. | Reinis | Hildebrants | 2009 | Limbažu NSS | | | 0:52,87 |
| 6. | Daniels | Prudskojs | 2008 | Saldus NSS | | | 0:56,57 |

K-1 200 m 2008.-2009.g.dz. junioras

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|-----|------------|------------|------|---------------|--|--|---------|
| 1. | Maija | Salzirne | 2008 | Jelgavas BJSS | | | 0:56,03 |
| 2. | Magdalēna | Kreišmane | 2008 | Limbažu NSS | | | 0:57,46 |
| 3. | Gundega | Aldiņa | 2008 | RSS "Rīdzene" | | | 0:57,65 |
| 4. | Yelyzaveta | Cherneha | 2009 | Limbažu NSS | | | 0:59,13 |
| 5. | Jaroslava | Roslova | 2009 | RSS "Rīdzene" | | | 1:01,20 |
| 6. | Beāte | Skreitule | 2008 | Limbažu NSS | | | 1:03,14 |
| 7. | Kristīne | Štrausa | 2008 | Jelgavas BJSS | | | 1:05,31 |
| 8. | Veronika | Kolosovska | 2008 | Daugavpils SS | | | 1:06,07 |
| 9. | Sanda | Mūrmane | 2008 | Limbažu NSS | | | 1:13,81 |
| 10. | Kristīne | Kominnika | 2009 | Saldus NSS | | | 1:22,63 |

K-1 200 m 2010.-2011.g.dz jaunieši

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|-----|---------------|------------|------|----------------------|---------|---------|---------|
| 1. | Artjoms | Veselovs | 2010 | Daugavpils SS | 0:47,82 | 0:46,71 | 0:46,30 |
| 2. | Atis Mariss | Skadiņš | 2010 | Talsu NSS | 0:48,08 | 0:47,25 | 0:46,50 |
| 3. | Radomīrs | Grunda | 2011 | Daugavpils SS | 0:46,40 | 0:48,34 | 0:46,83 |
| 4. | Rihards | Bērziņš | 2010 | Limbažu NSS | 0:45,87 | 0:47,12 | 0:47,36 |
| 5. | Žanis | Putniņš | 2010 | Ventspils SS "Spars" | 0:48,27 | 0:47,42 | 0:48,41 |
| 6. | Sviatoslav | Protskyi | 2010 | Daugavpils SS | 0:48,23 | 0:47,34 | 0:48,80 |
| 7. | Artūrs | Vasiljevs | 2010 | Daugavpils SS | 0:50,01 | 0:48,00 | 0:49,01 |
| 8. | Dereks | Dmitrijevs | 2010 | Ogres NSC | 0:49,87 | 0:47,76 | 0:49,75 |
| 9. | Rūdolfs | Bērziņš | 2010 | Limbažu NSS | 0:48,35 | 0:47,98 | 0:51,38 |
| 10. | Gļebs | Krievāns | 2010 | RSS "Rīdzene" | 0:56,08 | 0:48,40 | 0:51,03 |
| 11. | Maksīms | Korols | 2010 | Jelgavas BJSS | 0:50,50 | 0:49,94 | 0:52,13 |
| 12. | Edvards Jānis | Tirzmalis | 2010 | Ogres NSC | 0:49,71 | 0:51,03 | 0:52,35 |
| 13. | Edvards | Krastiņš | 2011 | Jelgavas BJSS | 0:50,56 | 0:51,12 | 0:52,71 |
| 14. | Patriks | Stepanovs | 2010 | RSS "Rīdzene" | 0:51,55 | 0:51,69 | 0:52,96 |
| 15. | Konstantīns | Stankevičs | 2011 | Daugavpils SS | 0:49,97 | 0:51,33 | 0:53,37 |
| 16. | Bruno | Kilups | 2011 | RSS "Rīdzene" | 0:51,28 | 0:49,99 | 0:54,33 |

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|---------|------------|--------------|------|----------------------|---------|---------|---------|
| 17. | Andrejs | Kadzejs | 2010 | Jelgavas BJSS | 0:51,60 | 0:52,10 | 0:56,64 |
| 18. | Roberts | Desjatņikovs | 2010 | Limbažu NSS | 0:52,43 | 0:51,44 | 0:57,07 |
| 19. | Viesturs | Vasiļevskis | 2011 | Saldus NSS | 0:50,39 | 0:52,24 | 0:52,78 |
| 20. | Aleksandrs | Harjuzovs | 2010 | Ventspils SS "Spars" | 0:51,41 | 0:51,29 | 0:53,34 |
| 21. | Mārtiņš | Ozols | 2010 | Limbažu NSS | 0:52,27 | 0:53,20 | 0:54,29 |
| 22. | Aleksejs | Suharevs | 2011 | Ventspils SS "Spars" | 0:55,91 | 0:55,92 | 0:56,51 |
| 23. | Kalvis | Vladimīrovs | 2011 | Limbažu NSS | 0:53,97 | 0:52,99 | 0:57,08 |
| 24. | Aleksandrs | Artemjevs | 2011 | Ogres NSC | 0:54,81 | 0:55,59 | 0:57,44 |
| 25. | Didzis | Cimmermanis | 2010 | Ogres NSC | 0:54,50 | 0:57,40 | 0:59,09 |
| 26. | Edgars | Jankovs | 2010 | Talsu NSS | 1:00,04 | 0:58,78 | 1:00,29 |
| 27. | Aleksejs | Zaharevskis | 2010 | Ventspils SS "Spars" | 0:54,32 | 0:59,49 | 1:01,70 |
| 28.-30. | Krišjānis | Bērziņš | 2011 | Limbažu NSS | 1:07,80 | | |
| | Rihards | Gaiķens | 2010 | RSS "Rīdzene" | 0:59,09 | | |
| | Arsenijs | Murāns | 2010 | RSS "Rīdzene" | 0:57,58 | | |
| 31.-34. | Aleksejs | Iļņickis | 2010 | Saldus NSS | 1:12,07 | | |
| | Edvards | Pētersons | 2011 | Limbažu NSS | 0:53,38 | | |
| | Kārlis | Bērziņš | 2010 | Limbažu NSS | 0:58,59 | | |
| | Sems | Kazāks | 2010 | Saldus NSS | 1:00,31 | | |
| 35. | Ernests | Upatnieks | 2011 | RSS "Rīdzene" | 1:09,40 | | |
| | Kārlis | Gaugers | 2010 | Limbažu NSS | DNF | | |

C-1 200 m 2010.-2011.g.dz. jaunieši

| | | | | | | | |
|----|-----------|------------|------|----------------------|--|--|---------|
| 1. | Tomašs | Berlands | 2010 | Daugavpils SS | | | 0:55,36 |
| 2. | Markuss | Skuja | 2011 | Jelgavas BJSS | | | 0:58,48 |
| 3. | Artūrs | Tutāns | 2010 | Limbažu NSS | | | 0:59,19 |
| 4. | Krišjānis | Martinsons | 2010 | Limbažu NSS | | | 0:59,50 |
| 5. | Edgars | Šķesters | 2010 | Ventspils SS "Spars" | | | 1:01,66 |
| 6. | Edgars | Damanis | 2010 | Ventspils SS "Spars" | | | 1:03,09 |
| 7. | Andris | Solovejs | 2011 | Jelgavas BJSS | | | 1:20,17 |
| | Gundis | Pabērzs | 2011 | Limbažu NSS | | | DNS |

K-1 200 m 2010.-2011.g.dz. jaunietes

| | | | | | | | |
|-----|-----------------|-------------|------|---------------|---------|---------|---------|
| 1. | Santa | Mamontova | 2010 | RSS "Rīdzene" | 0:59,84 | | 0:58,18 |
| 2. | Jūlija | Niedre | 2010 | Saldus NSS | 1:00,11 | | 0:58,75 |
| 3. | Ksenija | Timpere | 2011 | Daugavpils SS | 1:02,72 | | 0:59,01 |
| 4. | Alīna | Sidorova | 2010 | Daugavpils SS | 1:00,76 | | 0:59,90 |
| 5. | Elizabete Hilde | Krūmiņa | 2011 | Ogres NSC | 1:01,39 | | 1:00,85 |
| 6. | Sofija | Germane | 2010 | Daugavpils SS | 1:01,67 | 1:05,12 | 1:02,62 |
| 7. | Zane | Lipska | 2011 | Jelgavas BJSS | 1:06,41 | | 1:05,67 |
| 8. | Violeta | Smirnova | 2010 | Daugavpils SS | 1:05,50 | 1:10,16 | 1:05,80 |
| 9. | Everita | Grīnberga | 2011 | Talsu NSS | 1:13,68 | 1:13,16 | 1:14,59 |
| 10. | Kate | Lielmane | 2011 | Talsu NSS | 1:15,11 | 1:15,70 | |
| 11. | Nellijs | Stepanova | 2011 | RSS "Rīdzene" | 1:13,87 | 1:15,95 | |
| 12. | Katrīna Alise | Paulaskaite | 2011 | Limbažu NSS | 1:19,16 | 1:19,20 | |
| 13. | Emīlija | Finka | 2011 | Talsu NSS | 1:22,41 | 1:20,60 | |
| 14. | Ance | Kustavus | 2011 | Limbažu NSS | 1:23,53 | 1:24,82 | |
| | Emīlija | Boļšija | 2011 | Limbažu NSS | DNF | | |
| | Katrīna | Puriņa | 2011 | Talsu NSS | DNF | | |

K-2 200 m U-23 vīrieši

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|----|----------------------|----------------------|--------------|---------------------------------------|---------|
| 1. | Danylo Jānis | Michuda Kaurāts | 2005 2004 | Limbažu NSS OC Limbaži | 0:38,88 |
| 2. | Ritvars Gustavs | Gūtmanis Tīrmanis | 2005 2006 | Limbažu NSS Ventspils SS "Spars" | 0:41,96 |
| 3. | Aleksandrs Jakovs | Avdejevs Mītins | 2007 2007 | MSG TSV SASS MSG TSV SASS | 0:44,05 |
| 4. | Mārtiņš Rihards | Aldiņš Prūsis | 2005 2005 | RSS "Rīdzene" RSS "Rīdzene" | 0:45,50 |
| 5. | Aleksejs Artjoms | Masaitis Ivanovs | 2006 2007 | Ventspils SS "Spars" Daugavpils SS | DNF |

C-2 200 m U-23 vīrieši

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|----|--------------------|-------------------------|--------------|--|---------|
| 1. | Daniēls Daniēls | Siders Zamuelis | 2005 2007 | Ventspils SS "Spars" Ventspils SS "Spars" | 0:49,96 |
| 2. | Ignats Artemijs | Kunašs Gerasimjonoks | 2005 2007 | JAK Zemgale Jelgavas BJSS | 0:50,86 |

K-2 200m U-23 sievietes

| | | | | | |
|----|-------------------------|--------------------|--------------|------------------------------|---------|
| 1. | Melānija Krista | Čamane Bērziņa | 2006 2005 | Jelgavas BJSS Limbažu NSS | 0:45,30 |
| 2. | Alisa Dominika Helga | Harune Sikorska | 2006 2005 | Daugavpils SS RSS Rīdzene | 0:54,90 |

K-2 200 m 2008.-2009.g.dz. juniori

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|----|--------------------------|-------------------------|--------------|--|---------|
| 1. | Eriks Olegs | Dzji Ivanovs | 2009 2008 | Daugavpils SS Daugavpils SS | 0:41,11 |
| 2. | Edgars Andrejs | Lācis Sumrovs | 2008 2008 | RSS "Rīdzene" SASS MSG | 0:42,10 |
| 3. | Oskars Marks Rauls | Paimetovs Tīmermanis | 2008 2009 | Limbažu NSS Limbažu NSS | 0:42,66 |
| 4. | Ričards Magnuss | Legeza Kreišmanis | 2009 2009 | Limbažu NSS Limbažu NSS | 0:43,09 |
| 5. | Roberts Kristiāns | Lēpmanis Tazāns | 2008 2008 | Limbažu NSS Limbažu NSS | 0:44,29 |
| 6. | Andrejs Maksims | Šorecs Korols | 2009 2010 | Jelgavas BJSS Jelgavas BJSS | 0:46,16 |
| 7. | Fjodors Gļēbs | Bajevs Krievans | 2009 2010 | RSS "Rīdzene" RSS "Rīdzene" | 0:47,13 |
| 8. | Valters Markuss Jānis | Lavrinovičs Vāvere | 2009 2009 | Ogres NSC Ogres NSC | 0:47,98 |
| 9. | Aleksandrs Matīss | Harjuzovs Miķelsons | 2010 2008 | Ventspils SS "Spars" Ventspils SS "Spars" | 0:48,40 |

C-2 200 m 2008.-2011.g.dz. juniori un jaunieši

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|----|-----------|-------------|------|----------------------|--|---------|
| 1. | Toms | Mihalovičs | 2008 | Limbažu NSS | | 0:46,09 |
| | Raivo | Šmits | 2009 | Limbažu NSS | | |
| 2. | Mihails | Solovejs | 2008 | Jelgavas BJSS | | 0:46,30 |
| | Vadims | Žavoronkovs | 2008 | Jelgavas BJSS | | |
| 3. | Reinis | Hildebrants | 2009 | Limbažu NSS | | 0:50,93 |
| | Tomašs | Berlands | 2010 | Daugavpils SS | | |
| 4. | Krišjānis | Martinsons | 2010 | Limbažu NSS | | 1:04,96 |
| | Artūrs | Tutāns | 2010 | Limbažu NSS | | |
| 5. | Samuēls | Siders | 2008 | Ventspils SS "Spars" | | DNF |
| | Edgars | Šķesters | 2010 | Ventspils SS "Spars" | | |

K-2 200 m 2008.-2009.g.dz. junioras

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|----|------------|------------|------|---------------|--|---------|
| 1. | Maija | Salzirne | 2008 | Jelgavas BJSS | | 0:49,89 |
| | Magdalēna | Kreišmane | 2008 | Limbažu NSS | | |
| 2. | Yelyzaveta | Cherneha | 2009 | Limbažu NSS | | 0:52,13 |
| | Jaroslava | Roslova | 2009 | RSS "Rīdzene" | | |
| 3. | Santa | Mamontova | 2010 | RSS "Rīdzene" | | 0:52,63 |
| | Gundega | Aldiņa | 2008 | RSS "Rīdzene" | | |
| 4. | Beāte | Skreitule | 2008 | Limbažu NSS | | 0:56,17 |
| | Veronika | Kolosovska | 2008 | Daugavpils SS | | |
| 5. | Zane | Lipska | 2011 | Jelgavas BJSS | | 1:00,16 |
| | Kristīne | Štrausa | 2008 | Jelgavas BJSS | | |
| 6. | Kristīne | Kominnika | 2009 | Saldus NSS | | 1:20,80 |
| | Sanda | Mūrmane | 2008 | Limbažu NSS | | |

K - 2 200 m 2010.-2011.g.dz. jaunieši

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|-----|---------------|--------------|------|---------------|---------|---------|---------|
| 1. | Artjoms | Veselovs | 2010 | Daugavpils SS | 0:44,45 | | 0:42,91 |
| | Sviatoslav | Protskyi | 2010 | Daugavpils SS | | | |
| 2. | Atis Mariss | Skadiņš | 2010 | Talsu NSS | 0:48,45 | | 0:43,59 |
| | Rihards | Bērziņš | 2010 | Limbažu NSS | | | |
| 3. | Edvards Jānis | Tirzmalis | 2010 | Ogres NSC | 0:49,06 | | 0:45,49 |
| | Dereks | Dmitrijevs | 2010 | Ogres NSC | | | |
| 4. | Rūdolfš | Bērziņš | 2010 | Limbažu NSS | 0:46,48 | | 0:46,09 |
| | Roberts | Desjatņikovs | 2010 | Limbažu NSS | | | |
| 5. | Radomirs | Grunda | 2011 | Daugavpils SS | 0:49,73 | | 0:46,60 |
| | Artūrs | Vasiļjevs | 2010 | Daugavpils SS | | | |
| 6. | Viesturs | Vasiļevskis | 2011 | Saldus NSS | 0:46,88 | | 0:46,99 |
| | Edvards | Krastiņš | 2011 | Jelgavas BJSS | | | |
| 7. | Bruno | Kilups | 2011 | RSS "Rīdzene" | 0:48,95 | 0:49,20 | 0:49,40 |
| | Patriks | Stepanovs | 2010 | RSS "Rīdzene" | | | |
| 8. | Edvards | Pētersons | 2011 | Limbažu NSS | 0:50,50 | 0:49,28 | 0:50,26 |
| | Kalvis | Vladimīrovs | 2011 | Limbažu NSS | | | |
| 9. | Kārlis | Gaugers | 2010 | Limbažu NSS | 0:58,59 | 0:55,59 | 1:00,83 |
| | Mārtiņš | Ozols | 2010 | Limbažu NSS | | | |
| 10. | Aleksandrs | Artemjevs | 2011 | Ogres NSC | 0:57,57 | 0:57,32 | |
| | Didzis | Cimmermanis | 2010 | Ogres NSC | | | |
| 11. | Sems | Kazāks | 2010 | Saldus NSS | 1:06,81 | 1:06,66 | |
| | Aleksejs | Iļņickis | 2010 | Saldus NSS | | | |
| 12. | Ernests | Upatnieks | 2011 | RSS "Rīdzene" | 1:19,18 | 1:09,47 | |
| | Arsenijs | Murāns | 2010 | RSS "Rīdzene" | | | |
| | Emīls | Varņeckis | 2010 | Talsu NSS | | | DNS |
| | Jānis | Varņeckis | 2010 | Talsu NSS | | | |

K- 2 200m 2010.-2011.g.dz. jaunietes

| | | | | | |
|----|----------------------------|--------------------------|--------------|--------------------------------|---------|
| 1. | Ksenija Alīna | Timpere Sidorova | 2011 2010 | Daugavpils SS Daugavpils SS | 0:54,83 |
| 2. | Jūlija Sofija | Niedre Germane | 2010 2010 | Saldus NSS Daugavpils SS | 0:55,19 |
| 3. | Elizabete Hilde Violeta | Krūmiņa Smirnova | 2011 2010 | Ogres NSC Daugavpils SS | 1:01,11 |
| 4. | Emīlija Ance | Boļšija Kustavus | 2011 2011 | Limbažu NSS Limbažu NSS | 1:07,77 |
| 5. | Katrīna Alise Nelliņa | Paulaskaite Stepanova | 2011 2011 | Limbažu NSS RSS Rīdzene | 1:12,33 |
| 6. | Kate Everita | Lielmane Grīnberga | 2011 2011 | Talsu NSS Talsu NSS | 1:18,37 |

K- 4 200 m 2008.-2011.g.dz. juniori un jaunieši

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|----|---|---|------------------------------|--|---------|
| 1. | Eriks Olegs Artjoms Sviatoslav | Dzji Ivanovs Veselovs Protskyi | 2009 2008 2010 2010 | Daugavpils SS Daugavpils SS Daugavpils SS Daugavpils SS | 0:38,62 |
| 2. | Ričards Magnuss Marks Rauls Oskars | Legeza Kreišmanis Timermanis Paimetovs | 2009 2009 2009 2008 | Limbažu NSS Limbažu NSS Limbažu NSS Limbažu NSS | 0:39,18 |
| 3. | Edgars Fjodors Gļebs Andrejs | Lācis Bajevs Krievāns Sumrovs | 2008 2009 2010 2008 | RSS "Rīdzene" RSS "Rīdzene" RSS "Rīdzene" SASS MSĢ | 0:40,51 |
| 4. | Rihards Jānis Atis Mariss Eduards | Bērziņš Bērziņš Skadiņš Ārgals | 2010 2010 2010 2009 | Limbažu NSS Limbažu NSS Talsu NSS Talsu NSS/MSĢ | 0:40,98 |
| 5. | Glebs Artūrs Radomirs Artjoms | Osipovs Vasiljevs Grunda Gereišs | 2009 2010 2011 2009 | Daugavpils SS Daugavpils SS Daugavpils SS Daugavpils SS | 0:42,77 |
| 6. | Artuss Edvards Andrejs Maksims | Gasners Kraștiņš Šorecs Korols | 2008 2011 2009 2010 | Jelgavas BJSS Jelgavas BJSS Jelgavas BJSS Jelgavas BJSS | 0:43,51 |
| 7. | Valters Markuss Jānis Edvards Jānis Dereks | Lavrinovičs Vāvere Tirzmalis Dmitrijevs | 2009 2009 2010 2010 | Ogres NSC Ogres NSC Ogres NSC Ogres NSC | 0:44,09 |
| 8. | Kalvis Edvards Rūdolfs Roberts | Vladimīrovs Pētersons Bērziņš Desjatņikovs | 2011 2011 2010 2010 | Limbažu NSS Limbažu NSS Limbažu NSS Limbažu NSS | 0:48,01 |
| 9. | Ernests Arsenijs Bruno Patriks | Upatnieks Murāns Kilups Stepanovs | 2011 2010 2011 2010 | RSS "Rīdzene" RSS "Rīdzene" RSS "Rīdzene" RSS "Rīdzene" | 0:56,73 |

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| | | | | | |
|----|---------|-------------|------|---------------|---------|
| 1. | Toms | Mihalovičs | 2008 | Limbažu NSS | 0:49,11 |
| | Raivo | Šmits | 2009 | Limbažu NSS | |
| | Reinis | Hildebrants | 2009 | Limbažu NSS | |
| | Tomašs | Berlands | 2010 | Daugavpils SS | |
| 2. | Mihails | Solovejs | 2008 | Jelgavas BJSS | 0:51,28 |
| | Andris | Solovejs | 2011 | Jelgavas BJSS | |
| | Markuss | Skuja | 2011 | Jelgavas BJSS | |
| | Vadims | Žavoronkovs | 2008 | Jelgavas BJSS | |

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| | | | | | |
|----|---------------|-------------|------|---------------|---------|
| 1. | Yelyzaveta | Cherneha | 2009 | Limbažu NSS | 0:48,68 |
| | Magdalēna | Kreišmane | 2008 | Limbažu NSS | |
| | Beāte | Skreitule | 2008 | Limbažu NSS | |
| | Jaroslava | Roslova | 2009 | RSS Rīdzene | |
| 2. | Sofija | Germane | 2010 | Daugavpils SS | 0:53,02 |
| | Alīna | Sidorova | 2010 | Daugavpils SS | |
| | Ksenija | Timpere | 2011 | Daugavpils SS | |
| | Veronika | Kolosovska | 2008 | Daugavpils SS | |
| 3. | Maija | Salzirne | 2008 | Jelgavas BJSS | 0:57,35 |
| | Kristīne | Štrausa | 2008 | Jelgavas BJSS | |
| | Zane | Lipska | 2011 | Jelgavas BJSS | |
| | Violeta | Smirnova | 2010 | Daugavpils SS | |
| 4. | Emīlija | Boļšija | 2011 | Limbažu NSS | 1:01,91 |
| | Ance | Kustavus | 2011 | Limbažu NSS | |
| | Katrīne Alise | Paulaskaite | 2011 | Limbažu NSS | |
| | Santa | Mamontova | 2010 | RSS Rīdzene | |