

# International Dragon Boat Festival in Daugavpils

## Rules and Regulations

### 1. Place and time.

1.1. The race will take place on August 15, 2020 in Daugavpils, from 12:00 till 18:00, at Stropu lake Water Rescue Station, Stropu iela 40.

### 2. Organizers.

2.1. The competition is organized and held by Latgalian Water Sports Center "Dinaburg" in cooperation with Daugavpils City Municipality Institution „Sporta pārvalde”, with the support of the Latvian canoe federation.

### 3. Objectives and tasks

3.1. To develop and promote Dragon Boat rowing sport in Daugavpils and Latvia.

3.2. To promote **interest in sports more effectively**, raise awareness of healthy lifestyles.

3.3. To provide the opportunity for mastering rowings skills, regardless of gender and physical condition.

3.4. To attract foreign tourists to Daugavpils with its friendly environment for sport and leisure activities.

### 4. Participants and program

4.1. Latvian as well as foreign athletes can participate in the International Dragon Boat Festival.

4.2. Competing teams are divided into four groups;

**4.2.1. men,**

**4.2.2. women**

**4.2.3. mixed teams Mix-Profi (rowing experience more than 1 year)**

**4.2.4. mixed teams Mix-Amateur (rowing experience less than 1 year)**

4.3. The men and women teams consist of 20 paddlers and 1 drummer.

4.4. Mixed teams (Mix) consist of 10 male athletes, 10 female athletes and 1 drummer.

4.5. In accordance with the protection of the personal data processing and the free data use, the organizers warn that the event will be photographed and filmed, all personal data related to the registration will be used to determine the results.

### 5. Distance and Boat Classes

**5.1. Men** *D-20 distance 200m.*

**5.2. Women** *D-20 distance 200m.*

**5.3. Mix-Profi** *D-20 distance 200m.*

**5.4. Mix-Amateur** *D-20 distance 200m.*

### 6. Safety rules and health condition

6.1. Before the competition each participant must be instructed on water safety policy.

6.2. Participants must use lifejackets.

6.3. Participants are personally responsible for their health condition and their compliance with the competition.

6.4. Each participant has to sign up for the participation.

6.5. After Boat Captains meeting each Boat Captain introduces the rules of the competition to the crew members before the start.

### 7. Training

7.1. Two weeks before the race each crew has the opportunity to train in a dragon boat with a professional coach.

7.2. Training time should be agreed with the race organizers.

7.3. All crew members are advised to participate in a training session.

## **8. Participation fee**

8.1. Participation fee for one athlete in each group – 3 euro (from 20 participants- 60 euro).

The participation fee can be paid both in cash or transferred to “Latgale Water Sports Center “Dinaburg”, reg. No. 40008283746, current account: A/S “Swedbank” LV57HABA0551046225699, commented “For participation in the Dragon Boat Festival”.

## **9. Registration**

9.1. Pre-registration is required: (team name, boat class, list of participants, form colour, captain's name and surname, contact details).

9.2. Applications should be sent to: [dinaburg.dragon@inbox.lv](mailto:dinaburg.dragon@inbox.lv) till August 12, 2020. Any changes related to the race/participants must be made till 11 a.m., August 15, 2020.

9.3. If necessary, contact: Viktors Haruns, e-mail: [dinaburg.dragon@inbox.lv](mailto:dinaburg.dragon@inbox.lv), phone: +37127021774

## **10. Rewarding**

10.1. The 1st, 2nd, 3rd place winners in all classes are awarded with medals.

10.2. The 1st place winner of each class is awarded with a cup.

## **11. Changes in the competition regulations**

11.1. The organizers have the right to make changes and improvements and supplements to the regulations and inform the Participants before the start of the competition.

11.2. The organizers are not responsible for ignorance of the regulations.

## **12. Special rules to prevent the spread of Covid-19 infection:**

12.1. Please make payments electronically on time.

12.2. Participants of the event who are not athletes, sports specialists and sports staff serving athletes must observe a 2m distance and use face masks;

12.3. Do not crowd at the competition venue, at the reception, other entrances, exits, toilets, mixed area, etc.

12.4. Persons with self-isolation, home quarantine/isolation or with signs of respiratory infectious disease must not be present at the competition site;

12.5. Before the start, the competitor (or representative) will have to sign the document to affirm that the athlete has no self-isolation, home quarantine/ isolation and has no signs of respiratory infectious diseases, and will have to provide a contact telephone number to identify and alert potential Covid- 19 in case of infection.

12.6. All participants of the event must strictly follow the conditions of proper hand and respiratory hygiene, which is indicated at the event. Please provide face masks.